



JD: Senior Counsellor

Organization Background:

Mann Talks is an early stage non-profit initiative of the Shantilal Shanghvi Foundation, the family foundation of Mr. Dilip Shanghvi, Founder and MD of Sun Pharmaceuticals.

The initiative is founded on the belief that mental health is an integral and essential component of health. By democratizing access to information, strengthening support systems and providing quality services, Mann Talks hopes to transform lives. It is focused on empowering individuals, from underserved sections of society, to take charge of their mental health by offering free and holistic tech-enabled mental health solutions. Mann Talks has a three-pronged approach, a helpline, a digital portal and on-ground activations.

The Mann Talks Helpline and Digital Portal were launched on 10th October '20. For more information you can visit www.manntalks.org

Mann Talks Helpline:

The goal of the helpline is to serve adolescents and youth directly or indirectly impacted by depression and anxiety, and their respective support systems, through technology-assisted psychosocial counselling, information and referrals. We're looking for counsellors who are aligned with the organization's aspiration of creating a mental health infrastructure in the country, for the underserved. Please note:

- This is a full-time role.
- Candidates will be contractually bound to not see clients outside of Mann Talks.
- Work timings will be from 9 am to 6 pm, 6 days a week and counsellors will be expected to work according to the weekly shift-rotation system.
- Selected candidates will have to undergo rigorous training before they start attending to live calls.
- Counselling will be a supervised activity whereby an opportunity to learn and upgrade themselves on one hand and to take care of their own mental health on the other, will provided on an ongoing basis.

Responsibilities:

- Answering calls, and emails, maintaining session records, monthly reports of the calls attended on the helpline
- Supporting in content creation and vetting for any publicity and outreach activities for the promotion of the helpline and the website
- Keeping track of team's referral work; updating and vetting the referral database



- Developing case-studies, research papers and other works of academic writing on the helpline's work
- Assisting the programme officer(s) in managing and training the team of junior counsellors
- Offering peer supervision & assisting with the onboarding of new counsellors
- Writing newsletters, fliers, blogs and articles to help sensitize lay people regarding mental health issues

Desirous Candidates Must:

- Possess a Master's Degree in Counselling or Clinical Psychology
- Have relevant experience of minimum 2.5 years
- Speak English, Hindi and Marathi fluently and possess good writing skills in English. Knowledge of any other regional languages is valued.
- Be skilled in the use of computers for the purpose of documentation, data analysis and email-based counselling
- Be willing to commit for a duration of at least a year
- Have sound knowledge of therapeutic process skills and psychotherapy

Reporting To: Programme Officer

Direct Reports: Junior Counsellors

Preference shall be given to candidates based in Mumbai or willing to move to Mumbai in the future. The position is for the initial period of one year, and will be extended depending on performance. Salary shall commensurate with candidate skills and experience.

Desirous candidates may send their résumé to contact@mantalks.org before **20th December, 2020**. Mention the name of the position you are applying for in the subject line. Shortlisted candidates will go through our interview process. The selected candidate would be required to join immediately after confirmation.